

December, 2022

To All Students,

Chief Academic Officer/Vice President

Precautions for Winter Vacation and After

As the winter holidays and New Year holidays are approaching, many of you may be planning for activities such as returning to a hometown, extracurricular activities and leisure activities. During the winter season, it is easy to become distracted since the sun sets early and temperature stays low. Please take extra care to avoid any accidents or becoming the cause of an accident.

During this time of the year, the flu spreads throughout Japan every year. In addition, there are concerns regarding the spread of COVID-19. We ask that all students take basic quarantine measures once again, and behave responsibly as a student of TUAT. Please act accordingly while paying close attention to the following points.

① Prevention for COVID-19 spread

- Please continue to monitor your health condition every day, and follow basic quarantine measures whether you are on or off campus, and refrain from participating in activities with a high risk of infection.
- If you have been confirmed with COVID-19, immediately report it to TUAT.
- For those who are returning home, testing is recommended before returning home, and before coming back from your trip. Please make use of the free PCR tests provided by each local government. During the year end and new year holiday season (from December 24th to January 12th), there will be temporary free testing sites at major train stations and airports nationwide.
- If you have not yet been vaccinated (4 doses in total) for COVID-19, we recommend you to take this opportunity and consider getting vaccinated proactively. Please follow the information or guidelines provided by the local government.

◆When you are having symptom(s) of COVID-19 infection, or confirmed with COVID-19, please access the following link to report to the University : <https://www.tuat.ac.jp/en/NEWS/important/reporting.html>

◆Free PCR and Other Tests : <https://www.metro.tokyo.lg.jp/tosei/hodohappyo/press/2022/12/15/35.html>

(Tokyo metropolitan area) <https://tokyo-kensasuishin.jp/>

(Saitama prefecture) <https://www.pref.saitama.lg.jp/a0710/vtpppe.html>

(Kanagawa prefecture) https://www.pref.kanagawa.jp/docs/ga4/covid19/vaccines/free_pcr.html

◆Consider getting vaccinated proactively :

MHLW “COVID-19 Vaccine Booster Shots (4th Dose)”

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/vaccine_fourth-dose.html

“COVID-19 Vaccines” <https://www.mhlw.go.jp/stf/covid-19/vaccine.html>

◆COVID-19 Vaccination information

(Tokyo metropolitan area) <https://www.fukushihoken.metro.tokyo.lg.jp/iryo/kansen/coronavaccine/search/index.html>

(Saitama prefecture) <https://www.pref.saitama.lg.jp/a0710/covid-19vaccination.html>

(Kanagawa prefecture) <https://www.pref.kanagawa.jp/docs/ga4/covid19/vaccines/index.html>

② Extra-curricular Activities

(ア) Ensure to follow the basic quarantine measures, and make sure that each extra-curricular group follow the quarantine measures each group described in the " Request for Extracurricular Activities " .

(イ) Before engaging in extra-curricular activities off-campus, please submit a “Request for Extracurricular Activities Off-Campus.”

(ウ) Accidents or incidents may increase as you get engaged in more activities. Please take extra care to avoid

unexpected accidents and/or incidents. In some cases, it is possible to prevent accidents before they occur by predicting possible accidents and preparing for them along with suitable plans.

(工) Obey the traffic rules and be aware of traffic manners, to avoid being a victim or the cause of a traffic accident.

③ Precautions concerning alcohol consumption

Attention! Minor drinking is prohibited by law. The person who provides an alcoholic beverage to a minor will also be held responsible.

【Strictly Prohibited】

Avoid dangerous acts such as binge drinking, forcing a person who cannot ingest alcohol to drink, drink-driving (including drink-driving a bicycle), etc.

In addition, know your own consumption limits and avoid excessive drinking Do not drink (or refrain from drinking) if you are not feeling well.

④ Precautions for Using SNS

While social media such as LINE, Twitter, and Facebook etc., are very convenient to connect with people, they can also get you into unexpected troubles or hurt others by posting and sending inappropriate information. This may result in "legal penalties," regardless of whether or not there is a malicious intent.

Please understand the characteristics of social media, as it may have serious and dangerous impact in your future life. Please always keep in mind to use social media properly.

⑤ Overseas trips

- If you are traveling abroad, please check the TUAT website, “To Students Who Plan to Travel Abroad.” https://www.tuat.ac.jp/NEWS/important/travel_abroad.html
- TUAT will dispatch students after confirming the safety conditions and activities at the destination in accordance with the "TUAT Overseas Travel/ Study Guidelines.”

⑥ Contact the following if you encounter an incident/accident in Japan or overseas OR if you have any questions:

Your affiliation at TUAT	Office (Weekdays 8:30 - 17:15)		Office (Saturdays, Sundays , Holidays and Night time from 17:15- next day 8:30)
Faculty/Graduate School of Agriculture	Student Support Section	TEL:042-367-5579	Fuchu Campus (Night Duty Room) TEL: 042-367-5664
United Graduate School of Agricultural Science	Student Affairs Section	TEL:042-367-5670	
Faculty/Graduate School of Engineering	Student Support Section	TEL:042-388-7011	Koganei Campus (Guard Station) TEL: 042-388-7007
BASE	Educational Affairs Section	TEL:042-388-7217	

※Calling from overseas: press country number +81, then area code starting with 42

(ex) domestic: 042-388-7011 overseas: +81-42-388-7011

Risk management company IR&C Japan: 001-81-3-6625-8593